



# THE OLD STABLES

ALLERTON MANOR

## LUNCH MENU

AVAILABLE FROM 12 NOON - 5:00PM

### NIBBLES

MARINATED GORDAL OLIVES (GF, VN)	4
WARM BREADS & HOUMOUS sourdough, focaccia, balsamic & oil (VN)	6
ROSEMARY FOCACCIA GARLIC BREAD with glazed mozzarella (V)	6
HONEY & MUSTARD GLAZED CHIPOLATAS	5

### SHARING

HONEY BAKED CAMEMBERT hand cut chips & chilli jam (for two) (GF)	15
HERITAGE TOMATO & BUFFALO MOZZARELLA BRUSCHETTA balsamic & basil oil (V)	14
FRITTO MISTO crispy fried king prawns, cod & squid with lemon & chive mayonnaise (for two) (GF)	22

### LIGHT BITES

SALT & PEPPER SQUID peppers, spring onion & chilli sauce (GF)	8
KING PRAWNS with garlic & chilli butter, lemon & herbs with baked focaccia	9
SALT BEEF HASH sauté potatoes, onions & salted beef brisket with a fried duck egg & house brown sauce (GF)	10
HONEY & THYME ROASTED GREEK FETA with sun blush tomatoes & toasted sourdough (V)	8
MINI CHORIZO SAUSAGES red wine honey glaze & crackling	8

### SALADS

ROASTED CHICKEN BREAST & CRISPY BACON SALAD cherry tomatoes, red onion, gem lettuce, radicchio, blue cheese dressing (GF)	13
ROASTED SWEET POTATO, GRILLED HALLOUMI & BEETROOT SALAD chicory, radicchio & gem lettuce, crispy chickpeas & beetroot houmous & shallot dressing (available as vegan with plant-based halloumi) (GF,V)	14
HERITAGE TOMATO & GOATS' CHEESE SALAD pickled shallot, radicchio, gem, crispy onions & black garlic dressing (GF,V)	14

### SANDWICHES & WRAPS

SALT & PEPPER CHICKEN WRAP peppers, onions, shredded gem lettuce & mayonnaise on a toasted tortilla wrap	8.5
FRESHLY BATTERED HADDOCK SANDWICH shredded gem lettuce & tartare sauce on a toasted floured bun	9.5
BAKED HAM & MATURE CHEDDAR TOASTIE on thick farmhouse loaf with tomato chutney	8
CRISPY CAULIFLOWER WRAP curried mayonnaise, mango chutney & lettuce on a toasted tortilla wrap (VN)	8.5
B.L.T with treacle roasted bacon, beef tomato, shredded gem & grain mustard mayonnaise on focaccia	8.5
PRAWN MARIE ROSE WRAP with shredded gem on a toasted tortilla wrap	9.5
RIBBLE VALLEY PORK SAUSAGE SANDWICH with red onion marmalade on a toasted floured bun	7

SANDWICH SPECIAL OF THE DAY	7
-----------------------------	---

ADD SOUP OR FRIES TO ANY SANDWICH	3.5
-----------------------------------	-----



# THE OLD STABLES

ALLERTON MANOR

## MAINS

PAN SEARED COD FILLET 16  
warm potato salad, grilled gem, caper & lemon dressing (GF)

PIE SPECIAL 15  
Ask your server for todays special  
served with hand cut chips, broccoli & gravy

FRESHLY BATTERED HADDOCK FILLET 16  
hand cut chips, mushy peas, tartare sauce &  
scorched lemon (GF)

PENNE PUTTANESCA 14  
pasta in tomato, olive, caper sauce with basil & a  
small amount of chilli (VN)  
*Add king prawns* +6

WILD MUSHROOM, CELERIAC & TRUFFLE PIE 14  
tender stem broccoli, fat chips & porcini sauce (VN)

## GRILL

*All our Grill items are served with slow cooked plum tomato,  
watercress & fries*

GRILLED HALF BONELESS CHICKEN 17  
with lemon and thyme butter (GF)

BARBEQUED GLAZED BELLY PORK 16  
crackling (GF)

8oz PREMIUM BEEF RUMP STEAK (GF) 22

8oz RIBEYE BEEF STEAK (GF) 24

6oz BEEF FILLET STEAK (GF) 28

MARINATED LAMB CHOPS (GF) 24

## BURGERS

7OZ BEEF BURGER 14  
smoked streaky bacon, mature cheddar, gem lettuce,  
beef tomato, barbecue mayo & chilli jam on brioche,  
served with fries

CRISPY CHICKEN FILLET BURGER 14  
gem lettuce, beef tomato, barbecue mayo & chilli jam  
on brioche, served with fries

PORTOBELLO MUSHROOM & HALLOUMI BURGER 15  
gem lettuce, beef tomato, barbecue mayo & chilli jam  
on brioche, served with fries (available as vegan with  
plant-based halloumi)

## SAUCES

CREAMY PEPPERCORN (GF) 3

RED WINE JUS (GF) 3

BLUE CHEESE SAUCE (GF) 3

GRAVY (GF) 3

## SIDES

HAND CUT CHIPS (GF, VN) 4.5

SKINNY FRIES (GF, VN) 3.5

SALT & PEPPER FRIES 5  
tossed with peppers, chillies & spring onion

TENDER STEM BROCCOLI 5  
with chilli, garlic & lemon butter (V)

MAPLE ROASTED CARROTS (GF, VN) 3

CREAMED POTATO (GF, VN) 3

BATTERED ONION RINGS (GF, VN) 3

CHERRY TOMATO, ONION & CUCUMBER SALAD 4  
with shallot dressing (GF, VN)

## DESSERT

STRAWBERRY & WHITE CHOCOLATE CHEESECAKE 7  
sorbet & ginger crumb

CHOCOLATE DELICE 7  
caramel, vanilla ice cream & honeycomb (V)

COCONUT & MANGO PANNACOTTA 7  
ginger crumbs & textures of mango

WARM STICKY TOFFEE PUDDING 7  
caramel sauce & vanilla ice cream or vanilla custard (V)  
(Sticky toffee pudding is also available as a gluten free  
or vegan option)

TRIO OF BRITISH CHEESES 9  
grapes, fruit toasts, crackers & apple chutney (V)