



THE OLD STABLES

ALLERTON MANOR

LUNCH MENU

SHARING

FRITTO MISTO	25
crispy fried haddock, prawns & squid, chive aioli & scorched lemon for 2 or 3 people (GF)	
GRAZING BOARD	24
Warm sourdough, mozzarella baked garlic focaccia, honey glazed chipolatas, stuffed peppers, Gordal olives, houmous & balsamic oil for 2 to 4 people (V)	

SANDWICHES & WRAPS

STEAK FRITES SANDWICH	13
grilled beef fillet (served pink or well done), crispy fries and creamy peppercorn sauce on a toasted focaccia roll	
SALT & PEPPER CHICKEN WRAP	10
crispy salt & pepper chicken thigh, shredded gem & mayonnaise on a toasted tortilla wrap	
FRESHLY BATTERED HADDOCK	11
shredded gem lettuce & tartare sauce on a toasted floured bun (GF*)	
CROQUE MONSIEUR	10
brown sugar baked ham & mature Lancashire cheddar sauce on thick bloomer loaf with sunblushed tomato chutney	
CRISPY CAULIFLOWER WRAP	9
curried mayonnaise, mango chutney & lettuce on a toasted tortilla wrap (VN)	

SANDWICH SPECIAL 8
please ask your server for details of today's sandwich

ADD SOUP OR FRIES TO ANY SANDWICH 3.5

LIGHT BITES

FRIED HALLOUMI	12
hot honey, capers, olives & semi dried tomatoes (GF,V)	
CRISPY FRIED BLACK PUDDING	8
dukkah spice, orange & chilli jam, harissa yoghurt	
SALT BEEF HASH	13
sauté potatoes, onions & salted beef brisket with a fried duck egg & black garlic & onion marmalade (GF)	
CHAAT BOWL	11
crispy potatoes, paneer, spinach, chickpeas & pomegranate tossed with chaat seasoning, garlic & fresh chilli with fried duck egg (V)	
KING PRAWNS	12
with garlic & chilli butter, lemon & herbs with baked focaccia (GF*)	
ROASTED TOMATO & BUTTERNUT SQUASH SOUP	8
pimentón crème fraîche, root vegetable crisps, mature cheddar sourdough toast (V, GF*)	

SALADS

GRILLED CHICKEN BREAST, PANCETTA & GOATS CHEESE SALAD	15
gem lettuce, cherry tomatoes, red onion & honey balsamic dressing	
ASIAN CRISPY BEEF SALAD	15
dressed spring onion, chillies, bean sprouts & mooli, miso mayonnaise & crispy noodles on crisp gem lettuce (GF)	
GRILLED HALLOUMI & DUKKAH SPICED NEW POTATO SALAD	15
grilled stem broccoli, smoked almonds, harissa houmous, pomegranate, crispy chickpeas, gem lettuce, shallot dressing (GF, VN)	