



# THE OLD STABLES

ALLERTON MANOR



## LUNCH MENU

AVAILABLE FROM 12 NOON - 5PM TUESDAY-SATURDAY



### NIBBLES

MARINATED GORDAL OLIVES (GF, VN)	4
WARM BREADS & HOUMOUS sourdough, focaccia, balsamic & oil (VN)	6
ROSEMARY FOCACCIA GARLIC BREAD with glazed mozzarella (V)	6
HONEY & MUSTARD GLAZED CHIPOLATAS	5

### SHARING

HONEY BAKED CAMEMBERT hand cut chips & chilli jam (for two) (GF)	15
FRITTO MISTO crispy fried king prawns, cod & squid with lemon & chive mayonnaise (for two) (GF)	22

### LIGHT BITES

SALT & PEPPER SQUID peppers, spring onion & chilli sauce (GF)	8
KING PRAWNS with garlic & chilli butter, lemon & herbs with baked focaccia (GF*)	9
SALT BEEF HASH sauté potatoes, onions & salted beef brisket with a fried duck egg & house brown sauce (GF)	10
PLUM TOMATO & ROASTED SWEET POTATO SOUP with Lancashire cheddar toast (V, GF*, VN*)	6.5

### SANDWICHES & WRAPS

SALT & PEPPER CHICKEN WRAP crispy chicken thigh, peppers, onions, shredded gem lettuce & mayonnaise on a toasted tortilla wrap	8.5
FRESHLY BATTERED HADDOCK SANDWICH shredded gem lettuce & tartare sauce on a toasted floured bun	9.5
BAKED HAM & MATURE CHEDDAR TOASTIE on thick farmhouse loaf with tomato chutney	8
CRISPY CAULIFLOWER WRAP curried mayonnaise, mango chutney & lettuce on a toasted tortilla wrap (VN)	8.5
B.L.T with treacle roasted bacon, beef tomato, shredded gem & grain mustard mayonnaise on focaccia	8.5
RIBBLE VALLEY PORK SAUSAGE SANDWICH with red onion marmalade on a toasted floured bun	7

SANDWICH SPECIAL OF THE DAY	7
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ADD SOUP OR FRIES TO ANY SANDWICH	3.5
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### SALADS

ROASTED CHICKEN BREAST & CRISPY BACON SALAD cherry tomatoes, red onion, gem lettuce, radicchio, blue cheese dressing (GF)	13
ROASTED SWEET POTATO, GRILLED HALLOUMI & BEETROOT SALAD chicory, radicchio & gem lettuce, crispy chickpeas & beetroot houmous & shallot dressing (available as vegan with plant-based halloumi) (GF,V, VN*)	14



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## MAINS

PAN SEARED COD FILLET 16  
tomato, red pepper & white bean stew, stem broccoli,  
caper & lemon dressing (GF)

PIE SPECIAL 15  
Ask your server for todays special  
served with hand cut chips, broccoli & gravy

FRESHLY BATTERED HADDOCK FILLET 16  
hand cut chips, mushy peas, tartare sauce &  
scorched lemon (GF)

THE OLD STABLES SCOUSE 14  
slow braised beef, root vegetables & potatoes, glazed red cabbage  
& crusty bread (GF\*)

WILD MUSHROOM, CELERIAC & TRUFFLE PIE 14  
tender stem broccoli, fat chips & porcini sauce (VN)

## GRILL

*All our Grill items are served with slow cooked plum tomato,  
watercress & fries*

GRILLED HALF BONELESS CHICKEN 17  
with garlic, chilli & lemon butter (GF)

8oz PREMIUM BEEF RUMP STEAK (GF) 22

8oz RIBEYE BEEF STEAK (GF) 24

6oz BEEF FILLET STEAK (GF) 28

MARINATED LAMB CHOPS (GF) 24

## BURGERS

7OZ BEEF BURGER 14  
smoked streaky bacon, mature cheddar, gem lettuce,  
beef tomato, barbecue mayo & chilli jam on brioche,  
served with fries (GF\*)

CRISPY CHICKEN FILLET BURGER 14  
gem lettuce, beef tomato, barbecue mayo & chilli jam  
on brioche, served with fries (GF\*)

PORTOBELLO MUSHROOM & HALLOUMI BURGER 15  
gem lettuce, beef tomato, barbecue mayo & chilli jam  
on brioche, served with fries (available as vegan with  
plant-based halloumi) (GF\*)

## SAUCES

CREAMY PEPPERCORN (GF) 3

RED WINE JUS (GF) 3

BLUE CHEESE SAUCE (GF) 3

GRAVY (GF) 3

## SIDES

HAND CUT CHIPS (GF, VN) 4.5

SKINNY FRIES (GF, VN) 3.5

SALT & PEPPER FRIES (VN) 5  
tossed with peppers, chillies & spring onion

TENDER STEM BROCCOLI 5  
with chilli, garlic & lemon butter (V)

MAPLE ROASTED CARROTS (GF, VN) 3

CREAMED POTATO (GF, VN) 3

BATTERED ONION RINGS (GF, VN) 3

CHERRY TOMATO, ONION & CUCUMBER SALAD 4  
with shallot dressing (GF, VN)

## DESSERT

LEMON MERINGUE CHEESECAKE 7  
raspberry crumb & white chocolate crumb & sorbet

CHOCOLATE & BANANA SPONGE 7  
salted caramel custard & vanilla ice cream (GF\*, VN\*)

WARM STICKY TOFFEE PUDDING 7  
caramel sauce & vanilla ice cream or vanilla custard (V, VN\*, GF\*)

TRIO OF BRITISH CHEESES 9  
grapes, fruit toasts, crackers & apple chutney (V,GF\*)